



November 2018

Dear Parents and Carers,

### **Girls on Board Programme – Year 7,8 & 9**

As part of our commitment to ensuring that we provide our students with the very highest standards of support for wellbeing, I am delighted to inform you of an exciting new initiative that we are launching this term that will focus exclusively on promoting positive peer relationships for girls in years 7,8 and 9.

The 'Girls on Board' programme aims to empower girls to take an assertive role in the management of friendship groups. The model makes use of a narrative approach to unpick the common issues that arise when friendships break-down, and students are introduced to a common vocabulary that will help them make sense of what is happening during, what can all too often be, a challenging time in their young lives.

All girls in years 7,8 and 9 will receive an initial presentation outlining what the initiative is and how the Girls on Board method can help them manage the 'choppy waters' of adolescent friendships. This will take place on **Tuesday 6<sup>th</sup> November** for girls in years 7 and 8 and **Thursday 8<sup>th</sup> November** for year 9 girls.

For more information on this exciting initiative, please refer to the Girls on Board section of the academy website where an accompanying parent guide can be downloaded. This document offers parents advice on how to best help support their child and gives more information about the programme. Alternatively, parents can visit the Girls on Board website ([www.girlsonboard.co.uk](http://www.girlsonboard.co.uk)) for more information.

Please do not hesitate to contact me at the academy should you require further clarification on the initiative.

Yours sincerely,

Roy Evans  
Assistant Principal